

TERM 2, WEEK 4 - MAY 8 2024

THE WIRAN

SWAN HILL PRIMARY SCHOOL

From Our Principal

Mrs Hayley Doyle

This Friday, we welcome Mothers and significant others, to join us for lunch to recognise Mothers' Day. We thank Mothers, and those who play a caring role, for everything they do to support the home and school partnership. We hope you have a lovely day this Sunday!

We currently have two School Council vacancies. One vacancy is a parent category vacancy and the other is a community member vacancy. School Council meet once, most months of the year, and usually on the second Tuesday of the month, at 7.30pm. We offer councillors the option to join the meeting via Webex, so councillors can participate in the meetings from the comfort of their own home. Please find more information about the functions of School Council, in this edition of the Wiran. Please contact me at school if you are interested in joining our school council.

We have two more student-free days left for 2024:

- Friday 24th May: Teacher Professional Practice Day
- Monday 4th November: Assessment & Reporting Day (Day before Melbourne Cup holiday).

IMPORTANT INFORMATION: GASTRO (48 hours isolation required)

We have had several cases of gastro reported at school. Transmission can occur via person to person contact, sharing of contaminated objects, and on occasions, from inhaling airborne droplets.

If your child experiences any of the symptoms of gastro, which can include vomiting, diarrhoea, fever, abdominal pain, headache and muscle aches it is important you keep your child at home until 48 hours has passed since their last symptom.

What's On



- **Friday May 10**
Mother's Day Stall
Mother's Day Lunch
12.30-2pm
National Walk to School Day
- **Monday May 13**
Book Fair Opens
8.30am-4pm daily
- **Wednesday May 15**
Grade 5 Swimming
- **Friday May 17**
Book Fair Ends
- **Monday May 20**
Junior Cross Country
- **Tuesday May 21**
Visiting Performance - Dion Drummond \$6.50 per child
School Council Meeting
- **Friday May 24**
Pupil Free Day

**Mother's Day
Stall**
FRIDAY 10TH MAY
9:00AM - 11:00AM
Please send a small amount of money with your child, for them to purchase gifts.
Gifts range from \$1 - \$6.

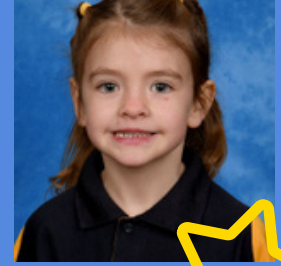
**Mother's Day
Lunch**
Friday 10th May
12:30pm - 2:00pm
Family and friends are invited to come along to SHPS and visit your child's class and enjoy a special lunch together.
PLEASE BYO LUNCH

Students of the Week - Term 2 - Week 3

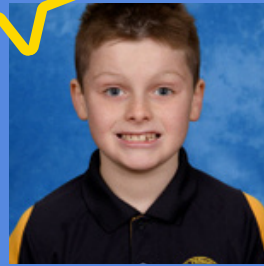
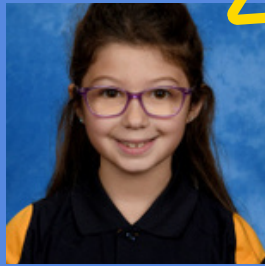
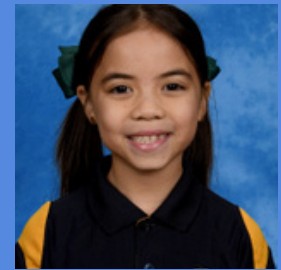
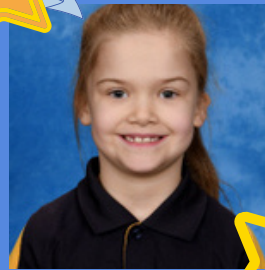
Prep J Charley
 Prep M Clay
 Prep S Kaiden
 Prep T Chloe

1A Jax
 1B Scarlett
 1L Benjamin
 1M Raf
 2C Kai
 2E Lacey
 2R Eden
 2W Willa
 3D Sophie
 3H Charlotte
 3M Halle

4B Batrisya
 4G Miyah
 4H Atticus
 4K Kenzie
 5B Zase
 5C Gemmah
 5F Xavier
 6K Eric
 6M Cooper
 6T Tirath
 Mental Health Sandy
 Digital Learning Auslan Matilda
 Music Timmy
 PE Dahlia
 Science Lily, Paige & Tyler



WAY to GO!



School Council



Functions of school council

The key functions of school council with regard to the school are:

- to establish the broad direction and vision of the school within the school's community
- to arrange for the supply of:
 - o goods
 - o services
 - o facilities
 - o materials
 - o equipment
 - o other things or matters required for the conduct of the school, including the provision of preschool programs
- to raise funds for school related purposes
- to regulate and facilitate the after-hours use of the school premises and grounds
- to exercise a general oversight of the school buildings and grounds and ensure they are kept in good order and condition
- to provide for the cleaning and sanitary services that are necessary for the school
- to ensure that all money coming into the hands of the council is expended for proper purposes relating to the school
- to provide meals and refreshments for the staff and students of the school and make charges for those meals or refreshments
- to inform itself and take into account any views of the school community for the purpose of making decisions in regard to the school and the students at the school
- to generally stimulate interest in the school in the wider community
- to prepare the School Strategic Plan and review the Annual Implementation Plan – to be signed by the president and the principal
- to report annually (the Annual Report) to the school community and to the department on:
 - o the school's financial activities
 - o the School Strategic Plan, and
 - o any other matters that are determined by the Minister
- to manage the hire, licence and shared use of school facilities
- to determine the dates for the school's student-free days:
 - o in accordance with the number of student-free days each calendar year specified by the Secretary of the department
- to perform any other function or duty, or to exercise any power conferred or imposed on the council by or under:
 - o the Education and Training Reform Act 2006, or
 - o any regulations made under that Act
 - o a Ministerial Order made, or direction issued, by the Minister under the Education and Training Reform Act.



Objectives of school council

The objectives of a school council are set out in the school council's constituting Order and section 2.3.4 of the Education and Training Reform Act and are to:

- assist in the efficient governance of the school
 - ensure that its decisions affecting students of the school are made having regard, as a primary consideration, to the best interest of the students
 - enhance the educational opportunities of students at the school
 - ensure the school and the council complies with any requirements of the Education and Training Reform Act, the Education and Training Reform Regulations, a Ministerial Order or a direction, guideline or policy issued under the Education and Training Reform Act.
- These school council objectives must be taken into account by school council members when exercising any of their powers, duties or functions.

Mr Carroll's Sport Report



Divisional Cross Country

Divisional Cross Country will be held on Tuesday 14th of May at Riverside Park Swan Hill. Notes have gone out.

Junior Cross Country

Junior Cross Country will be held at Swan Hill Primary School on Monday 20th May. Grade two's will begin at approximately 11.45, grade one's at 12.05 and grade preps at 12.20.

Night Orienteering

Grade 5/6 students and parents are invited to attend a night time orienteering session at school this Friday night the 10th of May. Students must be accompanied by an adult. Good shoes and a torch are required. Please meet in the gym at 6.45 p.m. for a 7.00 p.m. start. The activity will take 15 minutes at most.

Grade 5 Swimming

Dates:	10.55 am	11.35 am	12.10 pm
Wed 15th May	5B	5C	5F
Wed 22nd May	5F	5C	5B
Wed 29th May	5B	5C	5F

Student safety at Swan Hill Primary School is our highest priority and the safe and appropriate supervision of students is an important element of our duty of care to students. Part of this duty is ensuring parents and students are aware of our student supervision arrangements before and after school.

Before school: School grounds are supervised from 8.30am.

After school: School grounds (front yard areas only, along Gray Street to the Yana Street gate) are supervised until 3.40pm and those students travelling on the late town bus, are supervised until the bus arrives.

Students on school grounds outside these times will not be supervised (unless they are attending a before or after school care program or supervised extracurricular activity).

Parents/carers are requested to ensure that students do not attend school outside of these supervised times unless they are attending before or after school care, or a pre-arranged supervised activity (i.e. sports practice).

A copy of our school's Yard Duty and Supervision Policy can be accessed via our school website. This policy includes Swan Hill Primary School's student supervision arrangements across the school day, including before and after school.

VISITING PERFORMANCE
TUESDAY 21ST MAY

DION DRUMMOND

A high energy performance, sharing tales, language and artefacts from his culture through songs and dance.

\$6.50 PER CHILD
PLEASE MAKE PAYMENT
AT THE OFFICE



Wellbeing Term 2, Week 4

Week 3 and 4 Mental Health sessions with Mrs Moloney

TOPIC: Positive coping strategies for big feelings

Sessions always start with: Check in and What Went Well

- Must name emotions to tame them in our bodies – “name it to tame it”
- What Went well: a gratitude practise that “trains our brains to see the good”

EMOTION FOCUS: Confidence (A feeling of being sure about your abilities (self-confidence) means you know what you are good at. You can also feel confident of another person when you trust their abilities. When you feel confident, you might also feel certain.

Students will learn that we all need strategies to help us when we feel down, worried or when something bad or difficult happens. Having strategies that we know work for us are really useful as we can draw on these during difficult times.

We discuss - What upsets your amygdala? What does your amygdala need to hear to feel safe?

To help your amygdala feel safe you can try and talk to it and say: “We’re OK, We’ve got this, We can do this”



Meditation for the week:

Tense and Relax meditation

- https://www.peacefulkids.com.au/uploads/4/8/2/8/48287831/breath_meditation_mixdown_16.mp3
- This meditation can be done for a few minutes in bed to help calm your child and encourage them to relax/sleep, if the link doesn't work. Type 'Peaceful kids' into google > select 'meditations' > click on 'Tense and Relax'

Brain Break and breathing technique:

Ask your child to teach you either of these techniques.

- Star breathing

- We Will Rock You – freestyle. Can copy teacher/parent or make up own body percussion. (Clapping, finger clicking, stomping, slapping)

PLAY

FOR the KICKS

come find your awesome

MALLEE EAGLES LALBERT AUSKICK CENTRE

Swan Hill Primary School
Wednesdays 4:30pm starting
8th May



play.afl/auskick



COME & PLAY

Mallee Eagles Lalbert Auskick Centre is now open for registrations. Come & Play is a FREE opportunity for kids to experience an introduction to Auskick before registering.

Open to girls and boys aged 5 - 12 who want to give footy a go!

WHERE

SWAN HILL PRIMARY SCHOOL

WHEN

WEDNESDAY 8TH MAY
4:30PM - 5:30PM



WALK SAFELY TO SCHOOL DAY

ACTIVE KIDS ARE HEALTHY KIDS

JOIN US FRIDAY 10 MAY 2024



Did you know?
Until they're ten, children must always hold an adult's hand when crossing the road

WALK.COM.AU



Meet at the Basketball Stadium. at 8.30am sharp, ready to walk.

Parents are invited to join.