

TERM 2, WEEK 3 - MAY 1 2024

THE WIRAN

SWAN HILL PRIMARY SCHOOL

From Our Principal

Mrs Hayley Doyle

Our School Captains proudly represented SHPS at the local ANZAC Day ceremony, last Thursday. One of our School Captains, Chloe, did a great job speaking at the ceremony. We thank members of our school community who came along and joined us for the ANZAC Day march.

We have our Ready, Set, Prep Program scheduled to take place the week beginning 17th June. If you know of a family who have a child starting school in 2025, please let them know to contact the office to book into sessions. We have already had quite a few bookings made, which is fantastic.

What's On



Thursday May 2

Senior Cross Country

Wednesday May 8

Grade 5 Swimming

Gr 6 Mackillop Transition

Book Fair Opens

Friday May 10

* Mother's Day Stall *
* Mother's Day Lunch *

12.30-2pm

National Walk to School Day

Tuesday May 14

Book Fair Ends

Wednesday May 15

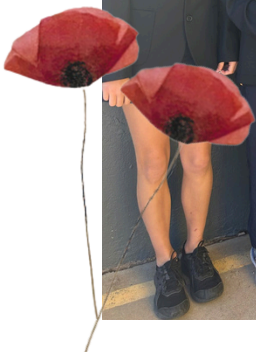
Grade 5 Swimming

Monday May 20

Junior Cross Country

Tuesday May 21

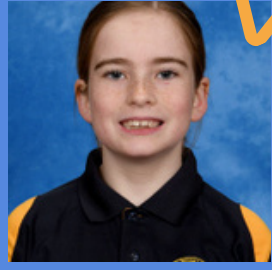
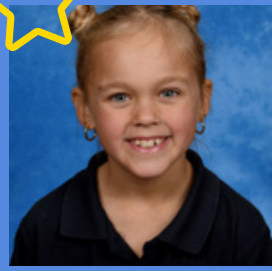
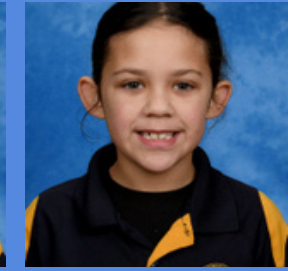
Visiting Performance - Dion Drummond \$6.50 per child
School Council Meeting



Students of the Week - Term 2 - Week 2

Prep J Jesse
 Prep M Hudson
 Prep S Jed
 Prep T Hudson
 1A Ciri
 1B Bryce
 1L Isla
 1M Will
 2C Gracie
 2E Chloe
 2R Miley
 2W Addison
 3D Gia
 3H Hudson
 3M Georgia

4B Jordan
 4G Willow
 4H Pippa
 4K Tessa
 5B Dini
 5C Emily
 5F Mayla
 6K Roxy
 6M Alena
 6T Liam
 Mental Health Maddox
 Digital Learning Kate
 Auslan Isabella
 Music Noah
 PE Blair
 Science Tirath



YOUR Wellbeing MATTERS

Wellbeing Term 2, Week 3



School Wide Positive Behaviour Support...

Respect BELONGING Responsibility COMMITMENT

We have had a great start to Term 2 with lots of Recognition Tokens handed out. Check out these awesome Token winners!



PROTECT

Protecting children & young people from abuse is our responsibility

Child Safe Standards...

The Child Safe Standards are a set of principles that require organisations working with children to implement strategies to prevent child abuse.

Note that child abuse includes Physical child abuse, Child sexual abuse, Grooming, Emotional child abuse, Neglect, and Family violence.

The Child Safe Standards form part of the Government's response to the recommendations of the Victorian Parliamentary Inquiry, The Betrayal of Trust inquiry.

Swan Hill Primary School has always set high standards and expectations to ensure our school is a safe, happy and productive environment. At SHPS we commit to creating and maintaining a Child Safe organization. If you have any questions or would like some more information Michelle Murphy (Disability Inclusion Wellbeing Leader) is our Child Safe Officer. Our Child Safe policies and procedures and important information can be accessed via our school website.

The Child Safe Standards are compulsory minimum standards for all Victorian early childhood services and schools, to ensure they are well prepared to protect children from abuse and neglect. Over the next few weeks we will be sharing the Standards with our school community.

Child Safe Standard 1: Establish a culturally safe environment in which the diverse and unique identities and experiences of Aboriginal children and young people are respected and valued.

This standard requires schools to make sure Aboriginal children and young people feel safe. This guidance applies to all schools, even if there are no students who have identified themselves as Aboriginal.

YOUR Wellbeing MATTERS

Wellbeing Term 2, Week 3

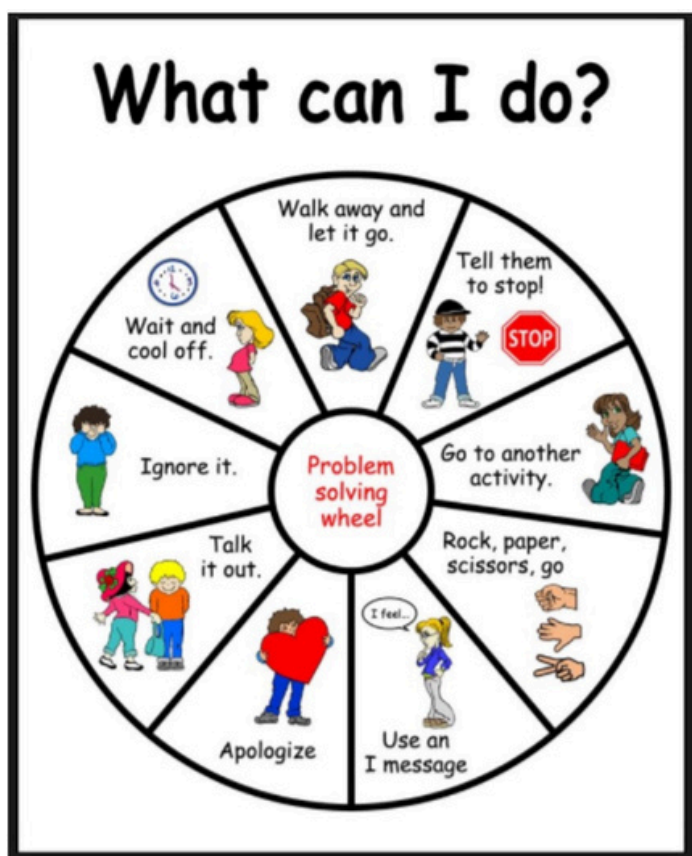
RESILIENCE RIGHTS & RESPECTFUL RELATIONSHIPS

Respectful Relationships...

Respectful Relationships (RR) is an initiative to support schools to promote and model respect and equality. It also supports educators to teach our children how to build healthy relationships, resilience and confidence. In 2016, respectful relationships education became a core component of the Victorian Curriculum from foundation to year 12, and is being taught in all government schools.

Respectful Relationships topic for weeks 1, 2 & 3 is POSITIVE COPING

As they grow and develop, all children will encounter situations where they feel worried, nervous and sometimes even scared. Individuals deal with the demands on them by drawing on a range of coping strategies. Some strategies are more productive than others.



Helping students to learn a range of positive coping skills will allow them to develop and practise these skills and enable them to cope with future changes and challenges. Positive self-talk is a key strategy for coping with negative thoughts, emotions, and events. Resilience research shows that use of positive self-talk is associated with greater persistence in the face of challenge, whereas negative self-talk is associated with higher levels of distress, depression and anxiety. Positive self-talk can be learnt or strengthened through practice.

Problem solving is a key skill for life! We teach a range of problem-solving skills at SHPS through learning tasks, that are designed to help students be able to cope with the challenges they will face in the future.

Problem solving is identified by the World Health Organisation as a key skill for health.

To be able to solve problems, children need to be able to think critically and evaluate the consequences of various actions.

Wellbeing@SHPS: COPING STYLES AND STRATEGIES

ENERGETIC ACTIVITY	SELF-CALMING ACTIVITY	SOCIAL ACTIVITY
Includes things like... <ul style="list-style-type: none"> • exercise • sport • dance • active play All can help to lift your mood	Includes things that calm you down like... <ul style="list-style-type: none"> • drawing • meditation • praying • being in a quiet space • listening to soothing music • playing with a pet • cuddling a teddy 	Includes things like... <ul style="list-style-type: none"> • talking things over • help seeking • connecting with others • spending time with others
SHIFTING ATTENTION Includes things like... <ul style="list-style-type: none"> • reading • watching TV • playing games • doing a favourite hobby Things that help to take your mind to a different place	GETTING ORGANISED Includes things like... <ul style="list-style-type: none"> • making lists • tidying up • making a plan • organising an activity • making a game plan 	

Mr Carroll's Sport Report



Senior Cross Country

Senior Cross Country will be held on Thursday 2nd of May. Students aged 8, 9 and 10 will run 2km's up to Ken Harrison Reserve and back. Students aged 11 and 12 will run 3 km's, up to Ken Harrison Reserve, around the soccer fields and back to school. 11 and 12's will run at approximately 11.40 a.m. 8-, 9- and 10-year old's will run at 12.05 pm.

Grade 5 Swimming

Dates:	10.55am	11.35am	12.10pm
Wed 8th May	5F	5C	5B
Wed 15th May	5B	5C	5F
Wed 22nd May	5F	5C	5B
Wed 29th May	5B	5C	5F

Mother's Day Stall

**FRIDAY 10TH MAY
9:00AM - 11:00AM**

Please send a small amount of money with your child, for them to purchase gifts.

Gifts range from \$1 - \$6.

Mother's Day Lunch

Friday 10th May

12:30pm - 2:00pm

Family and friends are invited to come along to SHPS and visit your child's class and enjoy a special lunch together.

PLEASE BYO LUNCH



Student safety at Swan Hill Primary School is our highest priority and the safe and appropriate supervision of students is an important element of our duty of care to students. Part of this duty is ensuring parents and students are aware of our student supervision arrangements before and after school.

Before school: School grounds are supervised from 8.30am.

After school: School grounds (front yard areas only, along Gray Street to the Yana Street gate) are supervised until 3.40pm and those students travelling on the late town bus, are supervised until the bus arrives.

Students on school grounds outside these times will not be supervised (unless they are attending a before or after school care program or supervised extracurricular activity).

Parents/carers are requested to ensure that students do not attend school outside of these supervised times unless they are attending before or after school care, or a pre-arranged supervised activity (i.e. sports practice).

A copy of our school's Yard Duty and Supervision Policy can be accessed via our school website. This policy includes Swan Hill Primary School's student supervision arrangements across the school day, including before and after school.

VISITING PERFORMANCE
TUESDAY 21ST MAY

DION DRUMMOND

A high energy performance, sharing tales, language and artefacts from his culture through songs and dance.

\$6.50 PER CHILD

PLEASE MAKE PAYMENT
AT THE OFFICE

ACTIVE KIDS ARE HEALTHY KIDS

**JOIN US
FRIDAY 10 MAY 2024**

Did you know?
Until they're ten, children must always hold an adult's hand when crossing the road

WALK.COM.AU



Meet at the Basketball Stadium. at 8.30am sharp, ready to walk.

Parents are invited to join.

SENIOR CROSS COUNTRY GR 3-6 STUDENTS

THURSDAY 2ND MAY
11.25AM - 12.55PM

START & FINISH ON SHPS OVAL.
WEAR HOUSE COLOURS.

Nyawi

Milloo

Kira

Wiran