TERM 3, WEEK 8 - SEPTEMBER 1, 2021

OUR WEEKLY NEWSLETTER

SWAN HILL PRIMARY SCHOOL

From Our Principal

Mrs Hayley Doyle

Today the Department of Education confirmed Victorian schools will be engaging in remote and flexible learning until the end of this term. Onsite supervision will continue to be provided for those students whose parents are authorised workers and are unable to work from home, or those students deemed vulnerable.
Authorised worker permits can be sent via email to Hayley.Doyle@education.vic.gov.au

Week 9 learning plans were posted to families in the mail yesterday. We thank our parents and carers for your continued support and hard work. I also thank our wonderful team for their amazing efforts in juggling many balls and planning for both onsite and remote learning, simultaneously.

What's On

Thursday 2 September
ICAS Maths Competition
Friday 3 September
Fathers' Day Stall
Tuesday 12 October
School Photos

21 POINT CHALLENGE

Today is the 1st official day of The 21 Point Challenge. All children are asked to attempt simple physical activities to get to 21 points exactly! Each activity is worth a number points. Each day, children are encouraged to do fun activities which are posted on Facebook and Seesaw.
Once you have completed the 21 point challenge, let your teacher know and Mr Carroll will award a prize to the class with the highest point percentage. Good luck!

DETAILS ON THE LAST PAGE OF THE NEWSLETTER!!

Students of the Week - Term 3 - Week 7

Prep B	Emma
Prep N	Isla
Prep S	Carlo
1A	Aubree
1M	William
1T	Zara
1W	Hamish
2B	Layla
2J	Angus
2S	Tanner
3H	Chloe
3K	Jasper
3M	Blade
4B	Clover
4C	Dolly
4L	Ava
5F	Michael
5H	Kieley
5M	Ellie
6B	Chloe
6C	Kaidyn
6M	Azaihlee

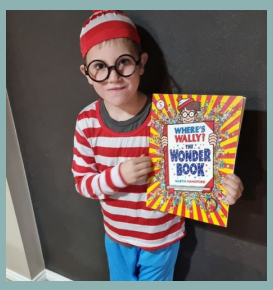
NO RIGGED LANDSCAPE

WOLF GIRL

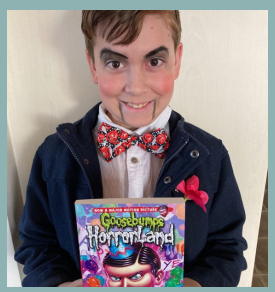
NANCY

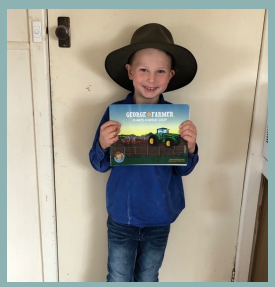
THE WILD WEST

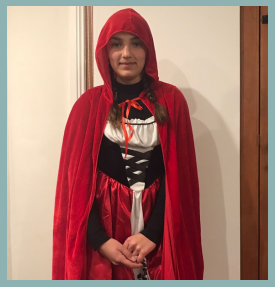
THE CAT IN THE HAT

4

WHERE'S WALLY?
THE WONDER BOOK

BOOK WEEK

Chase

Goosebumps
Horrorland





POLICE

YOUR Wellbeing MATTERS

Wellbeing Term 3, Week 8

PHYSICAL DISTANCING DURING COVID-19:

What it means for your family PART TWO

Physical distancing means more time at home with your family. And if you're working, it might mean that you're balancing supervision of children's learning, family time, and work commitments. This is a challenging experience. It can also be a positive experience if you can:

- make the most of family time
- stay connected with others in creative ways

Fun tips for family time during physical distancing

Your family might have to do some things differently during physical distancing, but there are still many things you can do together. Here are some fun ways you can spend time together and build your relationships:

- Encourage your child to draw a picture for someone, then take a photo and send it to family or friends.
- Play family games together – you could try board games, 20 questions or charades.
- Have a picnic in the garden or living room.
- Start a chapter book, and read one chapter each day. Or tell a story together – you can take turns to add the next instalment.

- Encourage your child to draw a picture for someone, then take a photo and send it to family or friends.
- Play family games together – you could try board games, 20 questions or charades.
- Have a picnic in the garden or living room.
- Start a chapter book, and read one chapter each day. Or tell a story together – you can take turns to add the next instalment.

Staying connected with others during physical distancing

Staying connected with your extended family and friends is an important part of maintaining your wellbeing and staying positive during physical distancing. But it can be hard to stay in touch with people when you can't visit or you're not catching up at sport, church, school pick-ups, family barbecues and so on.

This means you might need to be a bit creative.

Here are examples of how you and your children can stay in touch with friends and family:

Have a virtual lunchtime or playdate so your child can see and talk to friends while they're eating or playing.

Set up a schedule for phone calls or video chats with extended family members who don't live in your house.

Get some postcards, writing paper and stamps, so your child can stay connected the old-fashioned way.

Celebrate birthdays and other achievements by sending e-cards or video messages.

raisingchildren.net.au the australian parenting website

Information sourced from: https://raisingchildren.net.au/guides/coronavirus-covid-19-guide/coronavirus-physical-distancing-and-family-wellbeing

P.E 21 POINT CHALLENGE

Read through the activities. Each activity is worth a certain amount of points. See if you can earn exactly 21 points by next Wednesday 8th of September by completing a variety of the activities.

Keep a total of your score on a notepad and share with your classmates and teacher next Wednesday 8th September on the Seesaw check-in post.

Share photos of you doing the activities on the Facebook event page.

Play a game of hide and seek with an adult. At least one game inside and one game outside.
3 Pts

Make up an Olympic Event that you would be the world champ in. Try it.
4 pts

Go for a walk, bike ride, skateboard ride or use roller blades/skates around the block/front of your house/ around your yard/home .
2 pts

Make an obstacle course. Make sure it includes jumping, running, crawling, kicking and moon walking. Repeat 3 times.
3 Pts

Challenge an adult to a dance off. Remember to use your whole body.
3 Pts

Spell six words out using your body to make letter shapes. Be creative.
3 Pts

Jump over a rope or hose on the ground 25 times. Shadow box for 30 punches. Repeat 3 times.
2 Pts

Bounce a ball 10 times in a row with your fingertips Bounce a ball 10 times in a row without looking at the ball.
Repeat 5 times .
2 Pts

Win three games of Rock-Paper- Scissors in a row against 3 people.
3 Pts

Have a smiling contest. Look deep into your opponent's eyes. First one to smile loses. You can put them off!! **2 Pts**

CHILD SAFE STANDARDS @ Swan Hill Primary

PROTECT
Protecting children & young people from abuse is our responsibility

Swan Hill Primary School is committed to Child Safety and we have a zero tolerance for child abuse.the safety and well being of all children is a primary focus. We want children to be safe, happy, and empowered, where they are respected and have a voice that is heard. All allegations and safety concerns will be treated very seriously and consistently though our policies and procedures. To ensure the safety and best interests of all children, we take into account the cultural safety of Aboriginal children and Torres Strait Islander children, children from culturally linguistically diverse backgrounds, as well as the safety of children with disabilities and who are vulnerable.