

# SHPS Canteen Menu Term 4 - 2020



Once in a while

Occasional

Everyday

- Please do not stick or staple down paper bags.
- Please make sure writing is clearly visible in Black or Blue Ink.
- **10c Fee for a paper bag** if ordering on an envelope.

## LUNCH BAG EXAMPLE:

Mem Fox  
Prep B  
1 Sausage Roll \$3.50  
with Sauce 25c  
1 Choc Nippy Drink \$2  
1 Popcorn \$1  
**Total \$6.75**

## SANDWICHES, ROLLS & WRAPS

(Bread is Multigrain, Rolls & Wraps are White)

Vegemite	\$2.50
Honey	\$2.50
Tomato	\$3.00
Cheese	\$3.00
Egg & Lettuce	\$4.50
Ham & Cheese	\$4.50
Ham, Tuna or Chicken	\$4.50
Chicken Cheese Lettuce & Avocado	\$5.00
Salad (Beetroot, Carrot, Cheese, Cucumber, Lettuce, Tomato, Mayo)	\$5.50
Ham, Chicken or Tuna with Salad	\$6.00
(Beetroot, Carrot, Cheese, Cucumber, Lettuce, Tomato, Mayo and your choice of Chicken, Ham or Tuna)	

**EXTRAS** \$0.50each  
(Avocado, Beetroot, Cheese, Carrot, Cucumber, Tomato or Lettuce)

## TOASTED SANDWICHES

Cheese	\$3.00
Cheese & Tomato	\$4.50
Ham	\$4.00
Ham & Cheese	\$4.50
Ham, Cheese & Tomato	\$4.50
Chicken	\$4.00
Chicken & Cheese	\$4.50
Chicken, Cheese & Tomato	\$4.50

## DRINKS

Bottled Water	\$1.50
Chocolate & Strawberry Milkshake	\$1.50
Just Juice 100% Juice (Tropical, Orange or Apple)	\$2.00
Nippy's Low-Fat Milk 250 ml (Iced Chocolate or Iced Strawberry)	\$2.00
Nippy's Low-Fat Milk (STAFF ONLY)	
Iced Coffee 375 ml	\$2.75
Hot Chocolate	\$2.00

**PLEASE NOT THAT WE HAVE SOME NEW ITEMS ON OUR MENU - BE SURE TO CHECK THEM OUT ON THE NEXT 3 PAGES**

## HOT FOOD

Dim Sims (With/Without Soy Sauce)	\$1.00
Corn on the Cob	\$1.00
NEW Pizza Wraps	\$4.50
Meat & Cheese, BBQ Chicken, Vegetarian, Cheese	
Chilli Tender Plain	\$2.50
Pie	\$4.50
Sausage Roll	\$3.50
Sweet Chilli Tender Roll (2 Tenders in a roll with Lettuce & Mayo)	\$5.50
Chicken Burger (Lettuce, Mayo & Cheese)	\$5.50
<b>SAUCE</b>	<b>\$0.25</b>

## RECESS & SNACKS

Fresh Fruit	\$0.80
Half Buttered Buns (With or Without Apple)	\$2.50
Cheese & Vegemite Scroll	\$2.50
Pizza Scrolls	\$2.50
JJ Crisps (Chicken or Pizza)	\$1.20
Honey Soy Chicken Chips	\$1.20
Muffins 97% fat free	\$1.00
Jelly Cups	\$1.00
Popcorn	\$1.00

## FROZEN ITEMS

Frozen Orange Quarters	\$0.20
Frozen Watermelon Slice	\$0.50
Frozen Pineapple Rings	\$0.50
Quelch Sticks	\$0.70
Frozen Yoghurt (Strawberry, Raspberry & Mango)	\$2.50

## \$6 MEAL DEALS

### TUESDAY & THURSDAYS ONLY

Choose lunch:

Pasta Bolognese

Honey Soy Chicken & Rice or

5 Chicken Nuggets

Choose 2 Snacks/Drinks:

Water, Chocolate Milkshake, Strawberry Milkshake

Popcorn, Jelly