

SHPS Canteen Menu Term 2- 2019



Once in a while

Occasional

Everyday

SANDWICHES, ROLLS & WRAPS

Bread is Multigrain, Rolls & Wraps are White

Vegete	\$2.50
Honey	\$2.50
Tomato	\$3.00
Cheese	\$3.00
Egg & Lettuce	\$4.50
Ham & Cheese	\$4.50
Ham, Tuna or Chicken	\$4.50
Chicken Cheese Lettuce & Avocado	\$5-00
Salad (Beetroot, Carrot, Cheese, Cucumber, Lettuce, Tomato, Mayo)	\$5.50
Ham, Chicken or Tuna with Salad	\$6.00
(Beetroot, Carrot, Cheese, Cucumber, Lettuce, Tomato, Mayo and your choice of Chicken, Ham or Tuna)	

EXTRAS **\$0.50each**
Avocado, Beetroot, Cheese, Carrot, Cucumber, Tomato or Lettuce

TOASTED SANDWICHES

Cheese	\$3.00
Cheese & Tomato	\$4.50
Ham	\$4.00
Ham & Cheese	\$4.50
Ham, Cheese & Tomato	\$4.50
Chicken	\$4.00
Chicken & Cheese	\$4.50
Chicken, Cheese & Tomato	\$4.50

DRINKS

Bottled Water	\$1.50
Chocolate & Strawberry Milkshake	\$1.00
Just Juice 100% Juice	
(Tropical, Orange or Apple)	\$1.50
Nippy's Low-Fat Milk 250 ml	
(Iced Chocolate or Iced Strawberry)	\$2.00
Nippy's Low- Fat Milk (STAFF ONLY)	
Iced Coffee 375 ml	\$2.75
Hot Chocolate	\$1.50
Slushies Small	\$1.00
Medium	\$1.50
Large	\$2.00

- Please don't stick or staple down paper bags
- Please make sure writing is clearly visible in Black or Blue Ink
- 10C Fee for a paper bag
- We also have online ordering

LUNCH BAG EXAMPLE

MEM FOX
PREP B
1 SAUSAGE ROLL WITH SAUCE
1 CHOC NIPPY
1 POPCORN
\$6.50

HOT FOOD

Dim Sims (With/Without Soy Sauce)	\$1.00
Corn on the Cob	\$1.00
Cheese & Bacon Pizza Single	\$2.50
Ham & Pineapple Pizza Single	\$2.50
Chilli Tender Plain	\$2.50
PIE	\$4.50
Sausage Roll	\$3.50
Sweet Chilli Tender Roll	\$5.50
(2 Tenders in a roll with Lettuce & Mayo)	
Chicken Burger	\$5.50
(Lettuce, Mayo & Cheese)	

\$6-00 MEAL DEALS - TUESDAY & THURSDAYS ONLY

Choose lunch	Choose 2 Snacks
Honey Soy Chicken	Water
Macaroni Cheese or	Chocolate Milkshake
5 CHICKEN NUGGETS	Strawberry Milkshake
	Popcorn
	Jelly



SAUCE 25 CENTS

RECESS & SNACKS

Fresh Fruit	.80c
Half Buttered Buns (With or Without Apple)	\$ 2.20
Cheese & Vegemite Scroll	\$2.20
Pizza Scrolls	\$2.20
JJ Crisps (Chicken or Pizza)	\$1.20
Honey Soy Chicken Chips	\$1.20
Muffins 97% fat free	\$1.00
Jelly Cups	\$1.00
Popcorn	\$1.00

FROZEN ITEMS

Frozen Orange Quarters	\$ 0.20
Frozen Watermelon Slice	\$0.50
Frozen Pineapple Rings	\$0.50
Quelch Sticks	\$0.70
Frozen Yoghurt (Strawberry, Raspberry & Mango)	\$2.50

Our School Canteen uses Online Ordering

My Kids Lunch Box has developed an online ordering system that's free for school canteens. It provides Students and

Parents the facility to purchase their child's school lunch online in a more efficient and convenient way.



- ✓ Prepaid online. No cash required
- ✓ Faster and more accurate
- ✓ Order in the morning or in advance
- ✓ Order for multiple days at a time

Registrations is Easy & Free!

Using any PC, go to www.mykidslunchbox.com.au

Click signup

Provide your email address and password
(These will be your login details)

Load credit to your account

Enter the details of your child

Login into www.mykidslunchbox.com.au
anytime you want to place an order