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**School Office Hours**  
 8:30am—4:30pm Mon-Fri



Term 2, Week 10— Wednesday 20 June, 2018

## What's Coming up at Swan Hill Primary?

### JUNE

Wed 20	No Koorie Homework Class
Thu 21	<b>Casual Dress Day</b>
Fri 22	Mallee Division Winter Sports (10am-2.30pm) Bookings for SHRCC Vacation Program close
Sun 24	Open Day 10-11a.m.
Wed 27	Year 3 Swimming Koorie Homework Program End of Term Celebrations Prep Health Questionnaire due back
Fri 29	Registrations for 'Families Starting School' Close <b>NO CANTEEN LUNCH ORDERS</b> -Counter Sales Only <b>Last Day of Term 2 - 2:25pm Dismissal</b>

### JULY

Mon 16	<b>First Day of Term 3</b>
Tue 24	School Photos
Mon 30	'Families Starting School'- Literacy

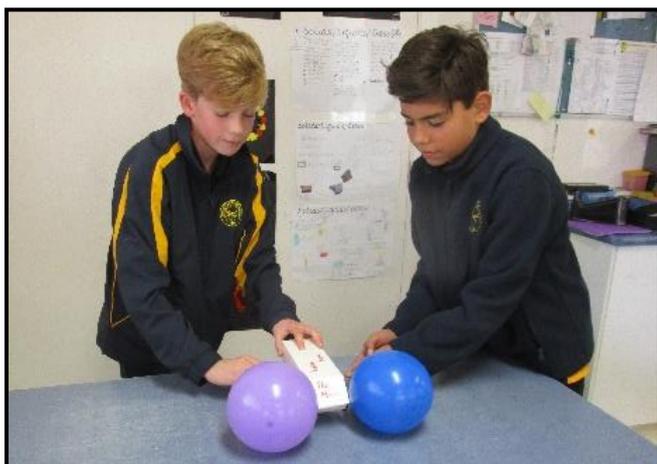
**Casual Dress Day Tomorrow**  
**Thursday 21<sup>st</sup> June.**  
**Gold Coin Donation**  
**to support our sponsor child, 'Jofranus'.**

## BALLOON CAR CHALLENGE

The challenge for Grade 6 students was to problem solve how to construct an air powered car that could travel at least three metres.

Austin Paroissien and Kusi Chapman came up with a clever design, using two balloons, that ensured their vehicle easily covered the distance.

**Bruce Stevens, Science Teacher**



## FROM OUR PRINCIPAL

Next term, we will welcome two new teachers to our staff team. Kate Simmonds will teach Grade 5D and Tayla Stanley will teach Grade 3H. Kate will begin on the first day of Term 3, when Simone Dawes begins her new role at Tyrrell College, and Tayla will begin on the 20<sup>th</sup> August. 3H's current classroom teacher, Ashden Harrison, will finish on Friday 24<sup>th</sup> August. We thank Simone and Ashden for all of the wonderful work they have done at Swan Hill Primary School. Both Simone and Ashden have been valued members of our team and worked hard to cater for the needs of the students in their classroom.

I'd like to take this opportunity to thank all of our parents and carers for participating in Student-Led Conferences, last week. Feedback I have received about the conferences, from teachers and parents, has been very positive.

We have an Open Day, for prospective families, scheduled for this Sunday 24<sup>th</sup> June. An information session will begin at 10am, followed by a school tour. Our *Families Starting School Program* for pre-school children, starting school in 2019, is scheduled from Monday 30<sup>th</sup> July to Friday 3<sup>rd</sup> August. Registrations for this program are due by the end of this term.

I had the pleasure of reading many student reports over the weekend. The student comments were wonderful to read, as they were extremely positive. It was reaffirming to know that students of Swan Hill Primary are happy in their educational setting.

We have a Student-Free day scheduled for Friday 10<sup>th</sup> August. Teachers from schools across our Network, will be participating in professional learning, together, on this day

**Hayley Doyle**

## SCHOOL PHOTOGRAPHS

School Photographs will take place on **Tuesday 24th July** (Term 3, Week 2).

School Photo Envelopes will be sent home with the Newsletter next week.

Envelopes must be returned by Photo Day.

Family Photo forms will be available at the Office.

## STUDENTS OF THE WEEK

**Values:**      **Rt = Respect**      **B = Belonging**  
**C = Commitment**      **Ry = Responsibility**

Well done to the following students, who were awarded 'Student of the Week' last week.

Prep B	Summa Sanders	All
Prep C	Charlie Kelly	All
Prep H	Ancah Reynolds	All
Prep N	Saina Zaman	All
1B	Archie Currie	All
1G	Sonic Hoang	All
1K	Dylan Borchard	All
1M	Ali Hayes-Banks	All
2B	Jamieson Cleland	All
2R	Reece McLean	All
2S	Charlotte Stevens	Rt C
3H	Caleb Wiseman	B C
3J	Sherae Delahunty-Gardiner	C
3O	Jarra Kelly	C
4C	Joe Russell	All
4J	Cassidy Dunn	All
4L	Lane Cardenas	Rt Ry
5B	Lauren Clarke	All
5D	Joshua Oakley	Rt C
5S	Darcy Butler	Rt B
6B	Olivia Marotta	All
6K	Jasmine Stacey	All
6M	Olivia Stead	All
6W	Mateiah Toohey	All
Music	Amelia McIntyre	All
Computers	Emily Stevens	C
PE	Bailey Ray	Rt Ry
Science	Logan Bruton	C
Indonesian	Morgan Heil	All

### Year 3 & 4 'Student of the Week' recipients.

Back L-R: Caleb, Morgan, Sherae, Joe.  
 Front L-R: Jarra, Lane, Bailey, Cassidy.



## WALK ON WEDNESDAY

Today's 'Walk on Wednesday' winners are Jaron from 2B and Alana from 5D. They said it was good to walk to school this morning because it was fun.



## PE REPORT

### SWIMMING TIMETABLE

Dates	11am	11.55am
27/6 (Term 2)	3J & 3O	3H
18/7 (Term 3)	3H	3J & 3O
25/7 (Term 3)	3J & 3O	3H
1/8 (Term 3)	3H	3J & 3O
8/8 (Term 3)	3J & 3O	3H

### Divisional Winter Sport

Our Divisional Winter Sports will be held this Friday 22 June. Football will be played at Tyntynder and Swan Hill Football Grounds. Netball will be played at the Alan Garden Reserve. Soccer and T-Ball will both be played at the Ken Harrison Sporting Complex. Most sports start at approximately 10am and are expected to finish around 2pm.

## YOGA & MEDITATION ARE FOR EVERYONE



At Assembly on Monday, Mrs Johnston promoted her Yoga and Meditation classes. She runs these each Thursday at Lunchtimes.

Ava Bissett, Zara Calder, Ayla Clohesy and Marli Doyle all explained that they love attending these classes regularly, because they feel relaxed and positive for their day. The Meditation techniques also help them to self regulate and sleep better. After speaking, the girls demonstrated some of their favourite Yoga moves.



This term we are focusing on Character. Character is the aspects of a person’s personality that makes them unique. This week we are learning about gratitude. Gratitude is having thankfulness and being aware of and appreciation of good things.

Studies have shown that having a grateful attitude helps us to be happier and healthier. We can help our children to be grateful by encouraging them to say thank you to the people around them.

This week in class we will be thinking of the people we are grateful for and considering ways in which we can show our appreciation. You can help your child to become more grateful by encouraging them to notice the world around them and the people in their lives who help them.

### **EVACUATION & LOCKDOWN DRILLS**

A key component of our Emergency Management Program at Swan Hill Primary School is the undertaking of evacuation and lockdown drills.

We have successfully undertaken one on-site evacuation drill and two lockdown drills so far this year. After the drills, classes reflect and discuss the processes and how to streamline them and improve for the future. Feedback from staff is sorted and discussed at a staff meeting. Late last year, the entire school was accounted for and sitting in our evacuation area on the oval in under 5 minutes from when the alarm was put and the instructions given. This was very pleasing.

As well as on-site evacuation points, the school also has an off-site evacuation point which is at the Italian Social Club at the Ken Harrison Recreation Reserve. We are planning to have a drill before the end of the term to the off-site point. This will educate staff and students with the process and also highlight any issues that may occur in a ‘real situation’ that would require an off-site evacuation.

If you have any questions about the evacuation and lockdown drill process, please contact me at school on 50321336.

**Phil Cox**  
**ASSISTANT PRINCIPAL**

#### **WANTED: Second-hand Uniforms**

If your child has outgrown their uniforms, we will gratefully accept donations.

#### **WANTED: Plastic Bags**

If you have spares, please drop at the Office.

## **Families Starting School Program**

**We would like to invite any Families with Preschool-aged children to come along to Swan Hill Primary School for a shared school experience.**

At Swan Hill Primary School we recognise that starting school is a significant family experience. We would like to invite you and your child to visit Swan Hill Primary School and share in a variety of school based activities in a relaxed, friendly and fun environment.

To cater for varying Kindergarten time tables, we are repeating sessions on different days during the week of Monday 30th July—Friday 3rd August:

**Monday’s Session will be offered again on Thursday.**

**Tuesday’s Session will be offered again on Friday.**

**Wednesday’s Session take place in the afternoon (afterschool).**

It would be ideal to attend three sessions, one from each colour category, but please feel welcome to come along whenever it suits you. Once you have decided on the sessions you wish to attend, please phone the General Office on 5032 1336 to book.

<b>Monday 30th July or Thursday 2nd August</b>	<b>LITERACY</b>
<b>Tuesday 31st July or Friday 3rd August</b>	<b>NUMERACY</b>
<b>Wednesday 2nd August</b>	<b>Sausage Sizzle PE/MUSIC</b>

**Don't miss this opportunity to get to know the wonderful staff and students of SHPS!! ☎️ 5032 1336 to register**



### **BECAUSE OF HER, WE CAN!**

**8-15 JULY 2018**

In recognition of Aboriginal Woman from every pillar within both, Australian & Aboriginal Societies.

#### **Friday 29th June Dress-up Day:**

**Aboriginal/Torres Strait Islander Colours**

**Black, Yellow & Red.**

**Blue, Green & White.**

There will be activities during recess and lunch times next week, to celebrate NAIDOC Week, which falls during the holidays (8 -15 July).

## SCHOOL NURSE VISIT

Kerrie McCosh, Primary School Nurse, will be visiting our school early next term. The purpose of this visit is to undertake health assessments and discuss health concerns that parents or teachers may have with students.

**Prep Grade Health Assessments:** All parents of prep grade children should have received a Health Questionnaire to complete and return to the school before the end of this term. If you do not wish your child to be seen by the school nurse, please sign the non-consent section and return the form to the school.

**Referrals (All Grades):** Parents or teachers may refer children from any grade for assessments of vision, hearing, basic speech, physical abilities, medical conditions, behavioural and parenting issues. Please collect a referral form from the school office. Should parents wish to have an interview with the School Nurse, please indicate your request on the form.

Please note: You can talk to the school nurse at any time throughout the year. The school has her mobile phone number.



Think about these three words to help your child and yourself, be their most healthy and happy

**Eat** more fruit and veggies

**Move** more often

**Smile** with friends, family and neighbours.

Getting good nutrition, good levels of physical activity and interacting with other kids and adults are important factors in the growth, learning and health of children.

### Week 10 – 18<sup>th</sup> June

#### Happy Sleep Habits

Scientists say children need at least nine hours of sleep every night to feel happy and stay healthy. Getting a good night's sleep is important for happiness. If we have too little sleep, it can make us grumpy, easily upset and less able to concentrate and learn. It can also mean we want to eat sugary foods that aren't good for us and make us less likely to want to exercise.

#### TOP TIPS FOR SLEEP

- Try and stick to a regular bedtime, to help kids get to sleep faster and sleep better.
- Have a milky drink an hour before bedtime.
- Make their bedtime space cosy, quiet and dark – light and noise can keep our brains wide awake, making it harder to fall asleep.
- Switch off technology! Devices like phones, ipads, tablets and laptops give out a blue light that makes our brain think it's daytime, keeping us awake. Apps, games and messaging keep our mind whirring rather than letting it rest. So switch these all off an hour before sleep time and



## CANTEEN ROSTER

Week 10—June		Week 11—June	
		Mon 25	HELP NEEDED
		Tue 26	Sadika
		Wed 27	HELP NEEDED
Thu 21	Kerri Curran	Thu 28	Sharyn McCann
Fri 22	Yolande Logan	Fri 29	NO LUNCHES

## COMMUNITY NOTICES



JUNE 15, 16, 19, 21, 22, 23, 26, 28, 29, 30 - 7:30pm

JUNE 17 & 24 - 2pm 2018

Memorial Theatre, McCrae Street, Swan Hill

TICKETS: Adults \$32 Seniors \$27 Kids \$20

Book at the Swan Hill Information Centre

or online at [swanhill.vic.gov.au](http://swanhill.vic.gov.au)

### Would your child like to join the Swan Hill Soccer League Kinda Kick Program?

Age: for children born 2013 to 2016 (3-5 years olds)

Duration: 6 weeks

Saturday 28<sup>th</sup> July - Saturday 1<sup>st</sup> September

Time: 10 – 11am

Location: Ken Harrison Oval, Yana Street Swan Hill

Cost: \$70 (includes a soccer ball for each player)

Mitch Croft will be running this program, designed as a fun introduction to soccer for young players. Players will learn ball skills and team play.

For further information or to register your child please contact Sue Fox 0419 535 641.

## MONSTER AUCTION NIGHT!



Little Taylah of Swan Hill has been fighting for her life with stage 4 cancer at the Royal Children's Hospital since the start of the year.

A family auction night will be held with all profits going to Taylah and a raffle to go towards the Starlight Foundation.

Come along for a great night to help support this special cause!

### To help Taylah Johnson kick cancer in the butt!

Date: Friday 22nd June 2018

Time: 7.30pm start - Auction begins at 8.15pm

Venue: Glencoe Function Room at Swan Hill Club