

Canteen Menu Term 2/3 - 2018

Our Canteen menu is rated, utilising the 'Traffic Light' guidelines. Food is approved, by the Canteen Association. **GREEN** are Everyday Foods, **ORANGE** are Occasional Foods and **RED** are once-in-a-while Foods. Name, Grade, Lunch Order Selection and Amount of money enclosed are to be written clearly on a clean paper bag supplied by parents. A fee of Ten cents applies to orders not written on a Paper bag. Please enclose the correct money, if possible. Please do not staple or stick down the bags. Strictly no credit given.

SANDWICHES, ROLLS & WRAPS

Bread is Multigrain; Rolls & Wraps are White

Vegemite	\$2.50
Honey	\$2.50
Tomato	\$3.00
Cheese	\$3.00
Egg & Lettuce	\$4.50
Ham & Cheese	\$4.50
Ham, Tuna or Chicken	\$4.50
Chicken Cheese Lettuce & Avocado	\$5-00
Salad (Beetroot, Carrot, Cheese, Cucumber, Lettuce, Tomato, Mayo)	\$5.00
Ham, Chicken or Tuna with Salad (Beetroot, Carrot, Cheese, Cucumber, Lettuce, Tomato, Mayo and your choice of Chicken, Ham or Tuna)	\$5.50

EXTRAS \$0.50each

Avocado, Beetroot, Cheese, Carrot, Cucumber, Tomato or Lettuce

TOASTED SANDWICHES

Cheese	\$3.00
Cheese & Tomato	\$4.50
Ham	\$4.00
Ham & Cheese	\$4.50
Ham, Cheese & Tomato	\$4.50
Chicken	\$4.00
Chicken & Cheese	\$4.50
Chicken, Cheese & Tomato	\$4.50

DRINKS

Bottled Water	\$1.50
Chocolate & Strawberry Milkshake	\$1.00
Just Juice 100% Juice (Tropical, Orange or Apple)	\$1.50
Nippy's Low-Fat Milk 250 ml (Iced Chocolate or Iced Strawberry)	\$2.00
Nippy's Low-Fat Milk (STAFF ONLY)	
Iced Coffee 375 ml	\$2.75
Hot Chocolate	\$1.50

HOT FOODS

Dim Sims (With/Without Soy Sauce)	\$1.00
Corn on the Cob	\$1.00
Cheese & Bacon Pizza Single	\$2.50
Ham & Pineapple Pizza Single	\$2.50
Chilli Tender Plain	\$2.00
PIE	\$4.50
Sausage Roll	\$3.00
Sweet Chilli Tender Roll (2 Tenders in a roll with Lettuce & Mayo)	\$5.00
Chicken Burger (Lettuce, Mayo & Cheese)	\$5.00
Sauce (Tomato or Sweet Chilli)	\$0.25

RECESS & SNACKS

Fresh Fruit	.80c
Half Buttered Buns (With or Without Apple)	\$2.00
Cheese & Vegemite Scroll	\$2.00
Pizza Scrolls	\$2.00
JJ Crisps (Chicken or Pizza)	\$1.20
Honey Soy Chicken Chips	\$1.20
Muffins 97% fat free	\$1.00
Jelly Cups	\$1.00
Popcorn	\$1.00

FROZEN ITEMS

Frozen Orange - Quarters	\$ 0.20
Frozen Watermelon Slice	\$0.50
Frozen Pineapple Rings	\$0.50
Quelch Sticks	\$0.70
Frozen Yoghurt (Strawberry, Raspberry & Mango)	\$2.50

\$6 Meal Deals

Only available on Tuesdays & Thursdays

Choose Lunch

5 NUGGETS

MACARONI CHEESE

HONEY SOY CHICKEN & RICE



Choose any 2 Snacks/Drinks

Popcorn

Jelly

Water

Chocolate Milkshake

Strawberry Milkshake

Our School Canteen uses Online Ordering

My Kids Lunch Box has developed an online ordering system that's free for school canteens. It provides Students and Parents the facility to purchase their child's school lunch online in a more efficient and convenient way.

- ✓ Prepaid online. No cash required
- ✓ Faster and more accurate
- ✓ Order in the morning or in advance
- ✓ Order for multiple days at a time

**My
Kids
lunchbox**

Registrations is Easy & Free!

Using any PC, go to www.mykidslunchbox.com.au

Click signup

Provide your email address and password
(These will be your login details)

Load credit to your account

Enter the details of your child

Login into www.mykidslunchbox.com.au
anytime you want to place an order